



mr.steam®

Feel Good Inc.

Surprise!
You can afford the luxury
of steam at home.

Welcome to the Mr. Steam home steam shower guide

Table of Contents

Why steam?	2
The many benefits of steam	3
Create the home spa of your dreams.....	4
What is a steam shower?	5
Everything you need for a home steam shower	6
What a steam shower costs	7
How to choose a steam shower	9
Where to buy a steam shower	10
Why choose Mr. Steam.....	11
What are your next steps.....	12
Other great options.....	13

Why steam?

*The day's been rough. You need to unwind.
Where better than in your own steam shower?*

I'm feeling out of shape or out of sorts – will this help?

Your personal steam shower makes wellness a way of life.

I do need to unwind...

A home steam shower is a mini-retreat you can enjoy every day.

How long until I feel restored and look refreshed?

Just 10 minutes in a steam shower works wonders.

Just steam will do all that?

Absolutely, though you can add aromatherapy, chromotherapy and music therapy to the steam to boost the holistic health benefits.

Have more questions? Ask away!

Seriously, how can I afford this?

Our steam@home generator lists for as little as \$1,250 (plus installation). And the steam shower costs only pennies a day to run.

How can I justify luxuriating in steam when I'm eco-conscious?

A compact steam generator uses only one gallon of water for a 20-minute session (versus a whopping 75 gallons to fill a large tub).

My bathroom's tiny – will it really fit?

Your shower enclosure can be as small as 3'x3'

I've no plans to redo my bathroom – how can I install steam?

A steam shower can be retrofit into an existing shower* and can be easily installed by a professional.

CAUTION: Please refer to the Steam@Home Installation, Operation and Maintenance Manual for complete information. Refer to the manual before specifying, installing or using a Steam@Home product. Failure to do so may result in improper installation or personal injury. The Steam@Home Installation, Operation and Maintenance manual is available online at <http://www.mrsteam.com> or by calling 1-800-76-STEAM.

The many benefits of steam

Steam's a healthy indulgence – like that piece of dark chocolate – which leaves you looking and feeling great.

Steam can help restore and nourish:

Your skin:

- Glows with health
- Nourished with nutrients
- Hydrated, repairing dryness
- Cleansed

Your body:

- Improves breathing
- Increases blood circulation
- Boosts metabolism
- Removes toxins
- Decreases joint rigidity in joints
- Increases muscular flexibility
- Aids against cellulite
- Increases extensibility of tissues
- Helps reinvigorate tired muscles

Your health:

- Eases cold symptoms
- Relieves throat irritation
- Loosens bronchial secretions
- Enhances cleansing of the lymph system
- Eases allergy, asthma discomfort
- Helps promote sinus drainage
- Eases arthritis pain and discomfort

Your overall well-being:

- Relieves stress
- Encourages relaxation
- Promotes deep restful sleep
- Fosters a sense of well being



Create the home spa of your dreams

Has this happened to you?

You're on vacation, luxuriating in a steam shower at a spa or resort. As you walk away, relaxed and refreshed, you make a wish: that this could be an everyday indulgence.

Now it can be.

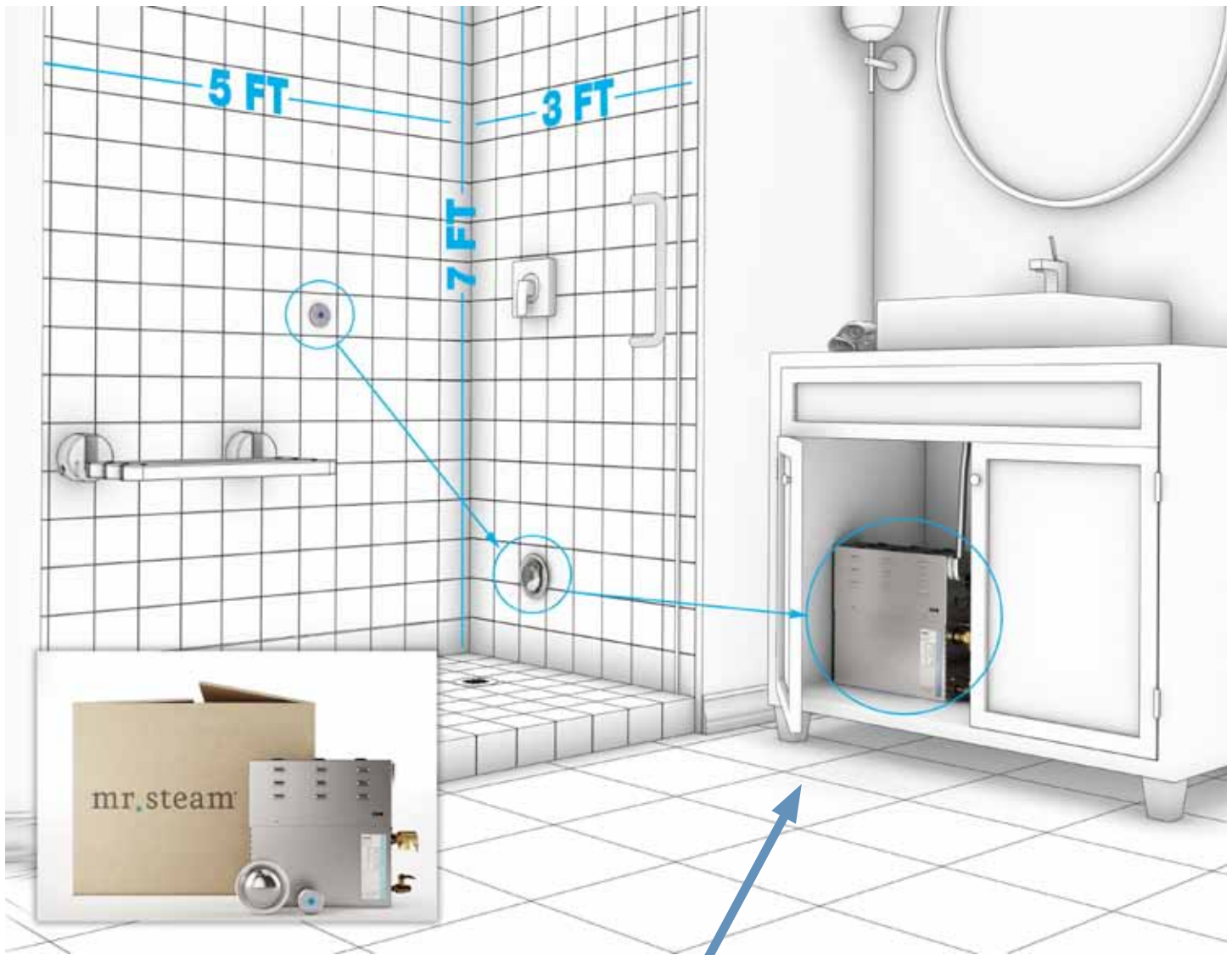
Your own personal steam shower can invigorate and revitalize you every day, right in the comfort of your own home.

Seems like a luxury that you could never afford?

You'll be surprised to learn how easy and affordable it actually is. You can add a steam shower whether you're remodeling a bathroom, building a new home or simply retrofitting an existing shower.

What is a steam shower?

A steam shower is a floor-to-ceiling shower enclosure where you can enjoy all the invigorating benefits of steam.



Here's how it works...

- A remote generator, typically no larger than a briefcase, heats the water.
- You push a button, delivering the steam from the generator to the steam head outlet and into your shower enclosure.
- And you then relax and enjoy the luxury of steam.



Everything you need for a home steam shower

You may be surprised at how little it takes to retrofit your shower to a steam shower:

- A steam-tight shower enclosure made of tile, marble, natural stone or acrylic, fiberglass or another composite.
- A shower enclosure – it can be as small as 3'x3'!
- A ceiling sloped one inch per foot away from the steam bather.
- A maximum recommended ceiling height of 8'.
- A suitcase-sized generator that easily can be placed in a closet, vanity, basement or heated attic.
- A control that activates the steam.
- A water line and drain.
- Access to an electrical supply, either 220v or 208v.

CAUTION: Please refer to the Steam@Home Installation, Operation and Maintenance Manual for complete information. Refer to the manual before specifying, installing or using a Steam@Home product, Failure to do so may result in improper installation or personal injury. The Steam@Home Installation, Operation and Maintenance manual is available online at <http://www.mrsteam.com> or by calling 1-800-76-STEAM.



Okay, but what's the bottom line?

What does a steam shower cost? It all depends on the size of your shower and which amenities you choose.

The **Mr. Steam Steam@Home system** is perfect if you're looking for affordable luxury for small spaces.

This incredible value starts at a list price of only \$1,250 (plus installation).

Ideal for smaller baths and smaller budgets!



* See <http://www.mrsteam.com/steamathome.html>



Steam@Home: the nuts & bolts of a great steam system

Compact, affordable, yet built with the same world-class quality of every Mr. Steam product:

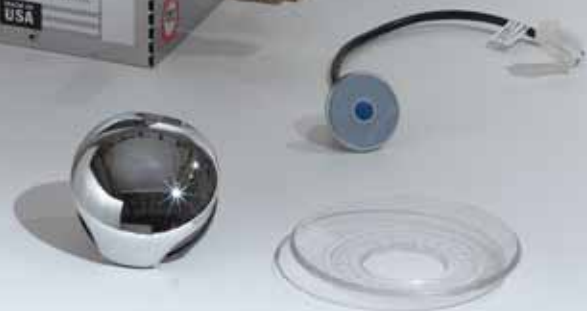
- Rugged stainless steel generator with electronic printed circuit board.
- 23% more compact than regular Mr. Steam generators.
- Fits 3'x3', 3'x4' or 3'x5' shower enclosures (maximum ceiling height 8').
- Suitable for tile or acrylic, ceramic, porcelain and glass tile showers (not natural stone).
- Made in the USA.
- Available in 208V or 240V.
- 1 phase.
- Uses less than 1 gallon of water for a 20-minute session
- List prices from \$1,250 to \$1,450



Steam@Home standard features

The following comes standard in every Steam@Home package:

1. SteamStart™ 20 minute in-shower control with polished chrome finish
2. Cool-to-the-touch aroma therapy AromaSteam™ steamhead with acrylic shield
3. Integral Safety Time-Out feature
4. 30-ft. cable for remote placement of the Steam@Home generator
5. Built-in drain valve





How to choose a Mr. Steam Steam@Home system

Mr. Steam offers three Steam@Home models

- For acrylic shower enclosures, use model SAH3000
- Otherwise, select your model based on the size and material of your shower enclosure.

Use this chart for tile shower enclosures:

Steam@Home Generator Specification and Sizing Chart							
Total Room Volume	Model Number	Room Size	kW	Amps (240V/1PH)	Wire Size	Water Usage (per 20 min. session)	Budget-Friendly List Price
60-75 cu. ft.	SAH3000	3' x 3'*	3.0	13	12	3/8 Gallon	\$1250
76-110 cu. ft.	SAH4500	3' x 4'	4.5	19	10	1/2 Gallon	\$1350
111-150 cu. ft.	SAH6000	3 x 5'	6.0	25	8	3/4 Gallon	\$1450
*Acrylic/Fiberglass showers use SAH3000 for 60-150 cu.ft. enclosures						Included in Box: SteamStart™ 20 minute In-Shower Control in Polished Chrome, 30 Foot Cable and Cooler-to-the-Touch Steamhead with Acrylic Shield	
Dimensions: 14-3/8" L x 14-7/8" H x 5-3/16" D • Shipping Weight: 25 lbs.							

CAUTION: Please refer to the Steam@Home Installation, Operation and Maintenance Manual for complete information. Refer to the manual before specifying, installing or using a Steam@Home product, Failure to do so may result in improper installation or personal injury. The Steam@Home Installation, Operation and Maintenance manual is available online at <http://www.mrsteam.com> or by calling 1-800-76-STEAM.

Why choose a Mr. Steam home steam shower

Mr. Steam is the gold standard in steam systems, for smaller home enclosures to large commercial installations. Here are some reasons why Mr. Steam is the best choice:

Made in the USA: All Mr. Steam generators are made in our factory in Long Island City, New York.

Trust our Experience: Mr. Steam's parent company designed and manufactured steam generating equipment for the U.S. Navy, hospital operating rooms, and other commercial applications for more than 60 years.

Reliable and Durable : All Mr. Steam components are rugged industrial grade – the most durable in the market today.

Quality Certified Components: Every Mr. Steam generator is USA and Canadian UL listed, CE and NOM certified.

Eco-Friendly: All Mr. Steam products use water and energy efficiently.

Plain English Warranty: Mr. Steam provides a comprehensive warranty* written in a clear and easy-to-read format.

Great Customer Service: Fully staffed customer care offices in New York and California are open Monday to Friday, 8 am to 7 pm Eastern time.

*See <http://www.mrsteam.com/uploadedFiles/SAH%20Warranty%205.12.pdf>

So, what are your the next steps?

Step One: See and experience steam for yourself. Try us out at any one of the many, many spas, resorts, and health clubs throughout the US and beyond.

Visit <http://www.mrsteam.com/products/tryusout/tryusout.html> to fall in love with steam.

Step Two: Find a showroom near you. Mr. Steam steam showers are sold at many independent authorized showrooms nationwide.

Visit <http://mrsteam.com/templates/zipsearchm.aspx> to find a showroom near you.

Step Three: Ask your showroom to refer you to a licensed electrician and plumber to handle the installation.



Other great options

Now that you know about Mr. Steam steam showers, you may decide to transform your bathroom into an even more deluxe spa with a larger steam shower and luxurious amenities such as music, chromatherapy, aromatherapy and more.



Mr. Steam's **Virtual Spa System™** makes it fast and easy to select and preview every element of a home steam spa in a simple step-by-step guided process.

Visit <http://www.mrsteam.com/virtualspasystem.html>.

Create your dream home spa and bring it to life right before your eyes.

Ready to learn more about Mr. Steam home steam showers?

Find an authorized Mr. Steam showroom.
Visit <http://mrsteam.com/templates/zipsearchm.aspx>



Connect with Mr. Steam:

 <https://twitter.com/steamtherapy>

 <http://pinterest.com/steamtherapy/>

 <https://www.facebook.com/mrsteamtherapy>

www.mrsteam.com

mr.steam®

Feel Good Inc.